

# The Power of Parenting

Sponsored by:

Senator Jack M. Martins  
Manhasset Public Library  
Manhasset CASA

## AN EDUCATION SERIES AT THE MANHASSET PUBLIC LIBRARY

*Providing parents & caregivers with the skills, insight  
and knowledge they need to raise healthy and responsible  
youth in today's world.*

### •The Fragile Teen Brain

Wednesday, February 25, 2015 7:30PM

Featuring Stephen Dewey, Ph.D., The Feinstein Institute for Medical Research at North Shore-LIJ System. A candid presentation discusses how alcohol, marijuana and drugs effect the developing teen brain.

### •What Adults Need to Know about Bullying

Wednesday, March 11, 2015 1:00PM and 7:00PM

Featuring Tim Jahn, Parent Educator, Cornell Cooperative Extension of Suffolk County Family Health & Wellness Program. This workshop will explore the many ways peer meanness is manifested, what research tells us about bullying and how adults can help the bullied, the bullies and the bystanders.

### •Raising Confident & Healthy Girls

Wednesday, April 29, 2015 1:00PM and 7:00PM

Featuring Kerri Kreh Reda, Human Development Specialist, Cornell Cooperative Extension of Suffolk County Family Health & Wellness Program. Girls today receive many messages from popular culture about what it means to be a girl. With a focus on appearance and sexuality, these messages can impact a young girl's developing self-image as well as her body image. This program will look at how adults can balance pop culture images & messages to help girls grow into healthy and confident young women.

### REGISTRATION REQUIRED

Go to [manhassetlibrary.org](http://manhassetlibrary.org) or [manhassetcasa.org](http://manhassetcasa.org)  
& click SignUpGenius Link!

Sign up also at Manhasset Public Library First Floor Circulation Desk

**Workshop Location: Manhasset Public Library Community Room**

30 Onderdonk Ave, Manhasset, NY 11030

Phone: 516.627.2300



WORKING TOGETHER TO STRENGTHEN FAMILIES & HELP KIDS GROW UP TO BE HEALTHY & SAFE

